

# STUTTERING-AFFIRMING THERAPY: CLINICAL DECISION MAKING AND APPLICATIONS



**ASHA CE  
APPROVED PROVIDER**

Pennsylvania  
Speech-Language-Hearing  
Association

Intermediate Level

.1 ASHA CEUs

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HEATHER GROSSMAN PHD, CCC-SLP, BCS-SC**

## Learning Objectives:

- Summarize the core principles of a stuttering-affirming therapy approach with children and adults who stutter.
- Implement evidence-based therapy techniques to address the affective, behavioral, and cognitive components of the stuttering experience.
- Develop a deeper understanding of how to measure progress and successful therapy outcomes with clients who stutter.



## **Course Abstract**

This workshop is designed specifically for Speech-Language Pathologists who are familiar with various approaches in working with people who stutter and who wish to broaden their understanding of stuttering-affirming approaches in their practice. Participants can expect to gain a deeper understanding of what it means to be a stuttering-affirming therapist, identify and create therapy goals and activities that target all components of the stuttering experience (e.g., affective, behavioral, and cognitive), and understand how to measure progress in stuttering therapy from a holistic, whole-person perspective.

## **Speaker Bios**

Mark O'Malia, MS, CCC-SLP is the Assistant Executive Director for the American Institute for Stuttering (AIS), working with people who stutter across the lifespan since 2017. In addition to his work with AIS, Mark serves on the Board of Directors of Friends: The National Association of Young People Who Stutter, and is an adjunct instructor, teaching graduate level courses in stuttering, cluttering, and other fluency disorders. Being a stutterer himself, Mark is actively involved in the stuttering support community, regularly presenting at national conferences.

Dr. Heather Grossman, PhD, CCC-SLP, BCS-SCF, the Director of the American Institute for Stuttering, has worked with people who stutter and their families for over 30 years. She was among the first select group of Speech-Language Pathologists to received certification as a Specialist in Fluency Disorders from ASHA. She has extensive experience in clinical supervision and has taught graduate courses in fluency and other topics at several Universities including Hofstra, Queens College, Mercy College and the University of Louisiana. Dr. Grossman's research has focused on the phenomenon of voluntary stuttering. She is a frequent presenter at both national and international professional conferences.

## **Speaker Disclosures**

Mark is a salaried full-time employee of the American Institute for Stuttering (AIS). Non-financial, I serve on the Board of Directors of Friends: The National Association for Young People Who Stutter.

Heather is a salaried employee of the American Institute for Stuttering (AIS).